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PROSTATE BLOOD TEST – NORMAL RESULT

A screening prostate test (PSA) has returned. Please see the table enclosed. This is good news. At this time, there is no evidence of any prostate cancer.

The current guidelines regarding prostate screening are controversial. There is no one approach that has been shown clearly to improve a man's health. At your routine health maintenance visit, we will review your risk for prostate cancer. We will also review which screening tests may be indicated.

Men at higher risk includes African-American men and men with a family history of prostate cancer at a younger age.

It is unlikely that we will recommend continued screening after the ages of 60 to 65 as the benefit of the test is reduced after these ages.